



ACHIEVING SUCCESS IN THE SIXTH FORM

Thursday 5 October 2023

Agenda

- Sixth form news and results
- Key events and priorities in Year 13
- Important information related to UCAS
- Supporting your child academically
- Supporting your child's well-being

Ambition

Aspire to be the best
version of ourselves

Aim to build a
better world



Character

Do good
for others
for no
personal
gain

Civic virtue

The Sixth Form Intent Statement

To provide a well-rounded, inclusive education where students develop their wider interests and are suitably prepared to succeed in the outside world. Good character, civic virtue and ambition is at the heart, which are proudly modelled to the lower school.

ROLES IN THE SIXTH FORM

Head of Year 13

Ms Venning

Head of Sixth Form

Mr Boniface

Enrichment and Community Service Co-ordinator

Ms H Dhillon

Sixth Form Pastoral Support

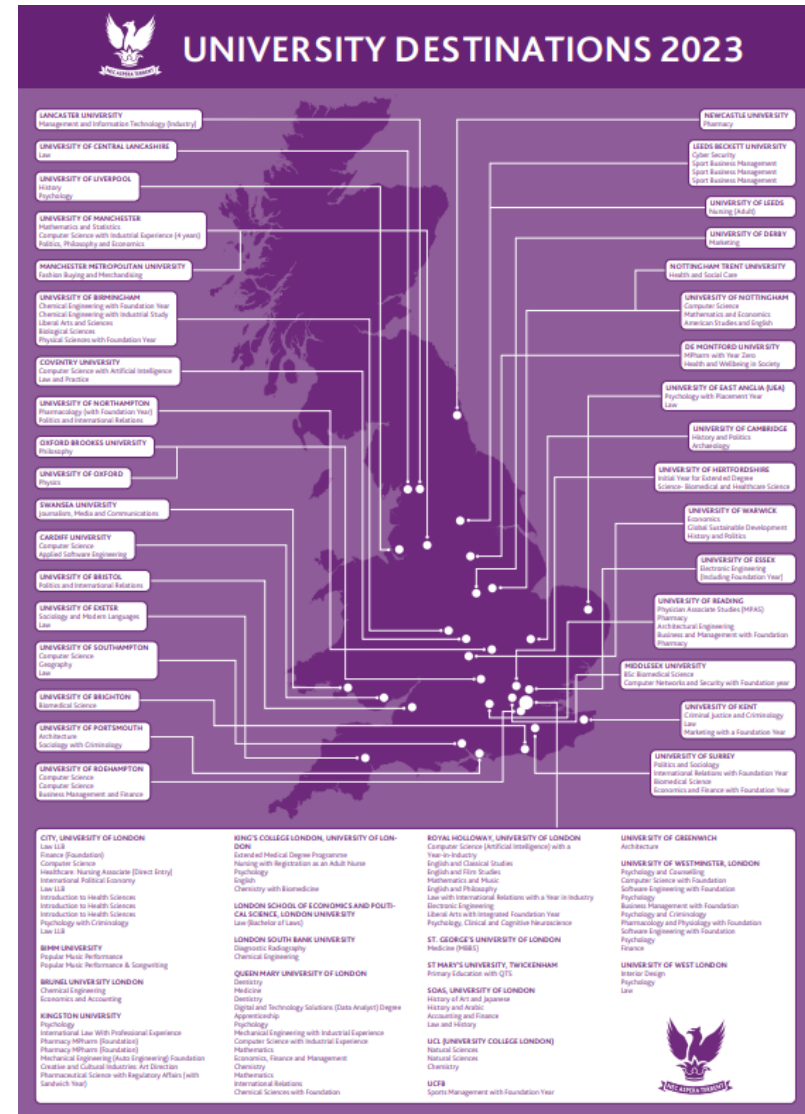
Ms J Dhillon

Careers Advisor

Ms Young

2023 Results

- Average grade B
- 29% A*-A
- 53% A*-B
- 3 Oxbridge
- 34% Russell Group
- Degree Apprenticeships



Exciting News...

State of the art Sixth Form Centre
being built ready for April 2024

Ground floor –floor plan



Upper floor – silent study area and flexible meeting space



The Importance of Year 13

- **Ambition:** Achieving academic results to maximise opportunities
- **Character:** Embedding behaviours and habits that determine future success
- **Civic virtue:** Developing young citizens who will make a positive contribution to society; future leaders

Reminder: Important Dates

Event	Dates
January Mock Exams	09/01/2024 – 19/01/2024
March Mock Exams	20/03/2024 - 28/03/2024
Summer A Level Exams	Begin on 13/05/2024
A Level Results Day	15 August 2024
UCAS Early Entry	15/10/2023
UCAS Standard Entry	First Draft: 15/09/2023 Final Draft: 31/10/2023
Student Finance Applications	Open from February 2024

UCAS Timings

Students have been grouped to allow efficient management of the process and support for all students

- Group 1 (early entry) – Friday 13 October
- Group 2 - Friday 3 November
- Group 3 - Friday 17 November
- Group 4 - Friday 1 December
- Group 5 - Friday 15 December

Key actions

1) Personal statement

Students must

- Provide a high-quality draft for review
- Meet tutor deadlines for submission of drafts
- Make edits promptly
- Ensure good grammar and punctuation

What Must be Done?

2) UCAS Portal and choices

Students must

- Make sure all sections of the form are completed
- Thoroughly research university choices, including entry grades and modules
- On completion, make payment and submit

What Must be Done?

3) Admissions tests (if necessary)

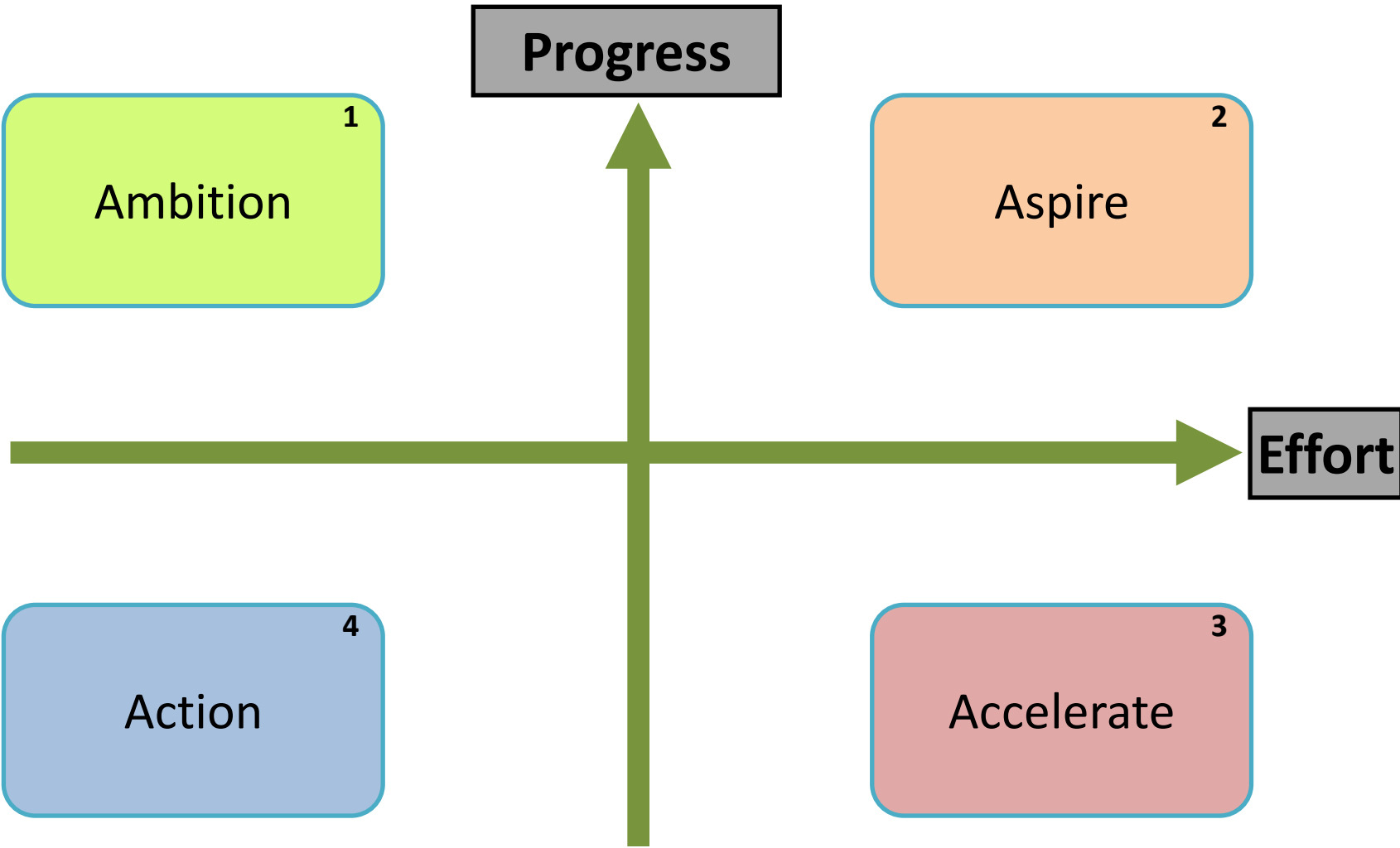
- Booked for all students who requested them
- Students should prepare independently, but the school will offer support

Predicted Grades

- These are UCAS Mock exam results plus one grade
- This ensures a level playing field and allows staff to focus on teaching and support

Support in School

- Form Tutors, Head of Year, and Head of Sixth Form
- Careers Coordinator: UCAS and careers
- Mental health support – two dedicated school counsellors
- Pastoral Development Programme



What is needed for success?

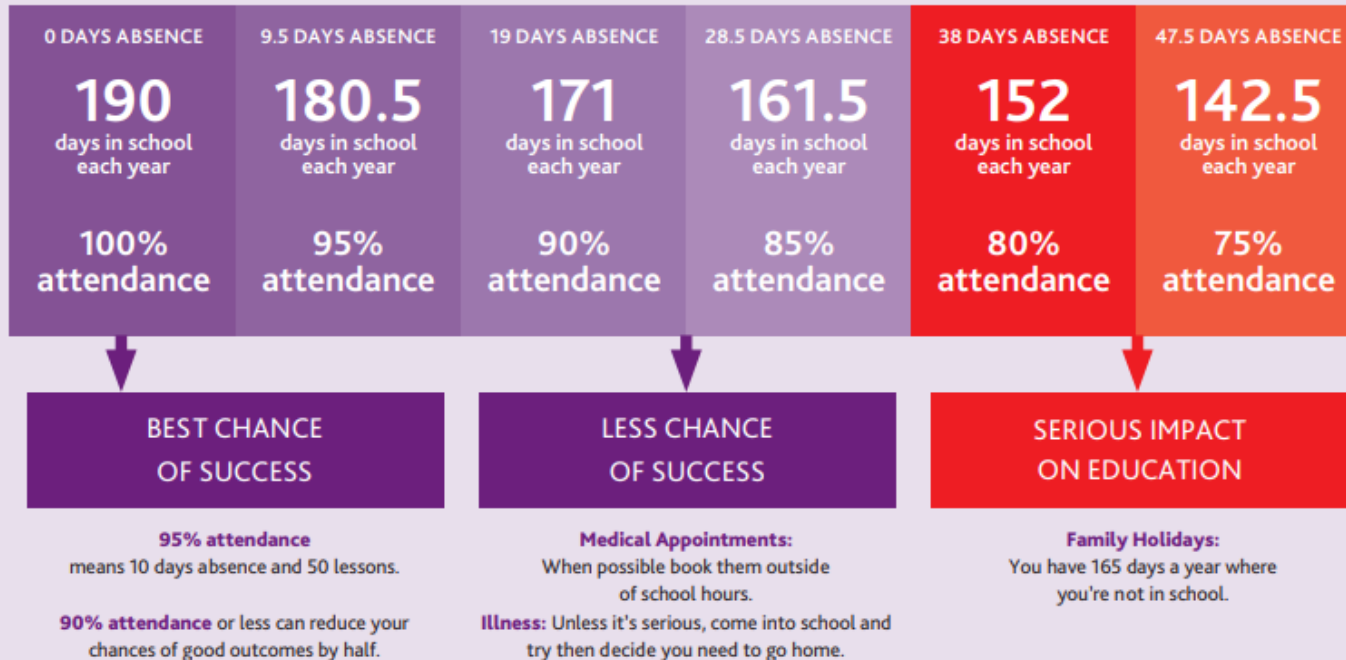
- Attendance & punctuality
- Exam practice
- Organisation
- Wider reading
- Low stakes testing
- Contributions
- Enrichment

Academic Support

How you can support your children



ATTENDANCE MATTERS



- Students are expected to attend every lesson and Registration on time
- Students should be on site by 8.45am ready for tutor at 8.53am
- Students must use sixth form processes to apply for and report absences

Organisation

Becoming more independent in Sixth Form



- Free periods are study periods
- Managing workload by being organised – ***little and often approach***
- Packing their bag (to include subject ring binders, pencil case & lanyard) & planning what they will wear the night before
- Keeping folders organised
- Making the right choices

Personalised Learning Checklists (PLCs)

Personalised learning Checklist

Business Studies AQA Year 1

3.5 - Decision making to improve financial performance

	Red	Amber	Green	Comments
3.5.1 Setting Financial Objectives				
Value of setting financial objectives?				
The distinction between cash and profit				
The distinction between gross profit and operating profit				
Cash flow objectives				
Objectives for investment (capital expenditure) levels				
Capital structure objectives				
External and internal influences on financial objectives and decisions				
3.5.2 Analysing Financial performance				
How to construct and analyse budgets and cash flow forecasts - Analysing budgets should include variance analysis and adverse and favourable variances.				
The value of budgeting				
How to construct break-even charts - Break-even analysis should include: break-even output, margin of safety, contribution per unit and total contribution.				
How to calculate and illustrate on a break-even chart the effects of changes in price, output and cost				
The value of break-even analysis				

Retrieval Practice

'Retrieval practice', sometimes referred to as 'the testing effect', describes the act of having to come up with an answer to a question.

This can take the form of:

- Quick quizzes
- Multiple choice questions
- Short question and answers
- Flash cards
- Brain dumps/mind maps without textbooks or revision guides
- Workbook or revision guide questions
- Exam questions



Research findings on retrieval practice

- Students who used mainly retrieval practice **remembered over 50% more** than those who just read and re-read during revision.
- Those students who used retrieval practice for their revision were able to **perform better during the exams** and cope better with exam stress than those who just re-read text for their revision.

Strategy: Don't break the chain

- 'Don't Break the Chain' is a method of success
- Research shows that habits can transform any part of our lives
- Little & often



How can parents support?

- Have a calendar displayed for your child to use
- Ask them about their progress and plans
- Positive daily routines
- Be familiar with upcoming deadlines

How can parents support?

- Help your child to get everything ready in preparation for their exam
- Students should create a revision timetable and share this with you
- Late night revision will not be effective
- Encourage your child to have a relaxing evening routine the night before an exam

The Power of Interruptions

- Distractions cause a problem at the time of the interruption but then continue to impact your concentration for up to half an hour afterwards
- It takes on average around 25 minutes to return concentration to an original task after an interruption

How can parents support?

- Encourage your child to put their phone away and not switch between open tabs on the computer.
- Ask them to concentrate in short bursts of 30 minutes - where they can get absorbed in their work.
- Get them to identify one thing at a time they are working on, not several things at the same time.
- Ask them to prioritise what it is they need to do first.
- If they want to check social media, make the time to do that separately, perhaps suggest they set a timer so they are aware of the time they are spending.

Strategy: The Power of Sleep

Getting your child into a regular pattern of sleep is very important. Here is what the research says about sleep

- It is better than any other performance-enhancing method
- It makes us live longer
- It improves our creativity
- It enhances our memory
- It can protect us from illnesses
- It makes us considerably happier
- It reduces reliance on sugary foods and caffeine
- Scientists have found that people who go to bed earlier and sleep for a regular number of hours have less negative thoughts
- It is free!

How can parents support?

- Screens turned off and out of the bedroom an hour before bed
- A routine that helps wind down before sleeping
- A regular bedtime and 'getting up' time routine so that their body has a pattern
- No caffeine late at night (including energy drinks)
- A way of recording distracting thoughts - perhaps get them to write down what they are concerned about in a book next to their bed, so they are not dwelling on it all night.

How can parents support?

- Listen to your child about subjects they are interested in or may struggle with.
- Give your child the best advice you can and teach them that failure is a stepping stone to success.
- Positively encourage your child and take an interest in their learning.

Strategy: The Night Before Exams

- The night before an exam is a stressful time
- By the time it is the night before the exam, all revision should have been done.
- This is the perfect time for pupils to calm their nerves and make sure that they are ready to enter into their exam, well-rested and confident in their ability.



Important Dates in Year 13

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